# NEWSLETTER

April 2024

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# With the Students going back to schoool in a few weeks.

#### Sponsor a girl back to school Make a Donation

Account Name WAKISA MINISTRIES LTD Account Number 2291297406 <sup>Currency</sup> USD Branch BEN KIWANUKA Sort Code 253047 Swift Code KCBLUGKA

# Dear Friend and Partner in Ministry,

We are serving because of the great faithfulness of God, because of your caring heart and generosity. Amid the changing seasons, we are reminded of the transformative journey each young girl embarks upon when she walks through our doors.

#### **SOLAR Power**

Due to consistent power cuts, we are moving to the solar system to replace electricity any time. The solar panels from the Old Wakisa Center were brought here and we have now purchased the 6 batteries and other accessories. The panels will therefore be installed at the beginning of May



# **SCHOOLING YOUNG MUMS**

Thank you for taking young mothers to school!!!

It is so encouraging to see a young mum back in school. It is their dream to go back to school after having the babies. Generally, most student young mums performed well and are now back on holiday. One Shakira in Senior 3 performed extremely well in her academics and extracurricular activities in school. Shakira who was Muslim and now converted to Christianity is one of the best well-behaved in school.

Allen is almost completing her certificate in midwifery and hopefully, she will be of great support at Wakisa Health Center It is my prayer that 80% of the young mums are reintegrated into school as their future is a guarantee when they get empowered.

The mums in DIT vocational skills of Catering and Tailoring are also doing great work.

We have 41 girls in the sponsorship program.

- 4 students at university.
- 6 students in A 'level.
- 17 students in O'level.
- 6 students in primary school.
- 6 girls are in vocational.

The two senior six girls picked their results from their former school and they will be getting admission at Kyambogo University.

Out of 20 young mothers, 6 young mothers will be joining vocational education at Pope Paul Institute and 15 girls on the waiting list to join formal education. These girls will be able to join school with the support of their parents to remain with their babies. The challenge most young mothers have is that they are very much willing to continue with education but they have no secure places to leave their babies.



# **COUNSELLING AND ADMISSIONS**

This month, 19 girls had individual counselling sessions with the counsellor. Conducted 2 group counselling sessions with girls. Among the topics discussed were;

- De-briefing of girls due to the loss of Judith's baby.
- Discussed issues and challenges the girls faced.

• Continuation on the Youth Aim High booklet for the new girls to learn what it's about to enhance positive behaviour change. Behaviour change.

8 parents were counselled through tele-counselling about accepting their daughters back home.

| Admissions | 10 |
|------------|----|
| Discharge  | 3  |

#### **CRISIS PREGNANCY TRAINING**

Wakisa Ministries was chosen by Compassion Int. to train its staff members in crisis pregnancy matters in the North, South and Central parts of Uganda. It is a great concern that teenage pregnancy is on the rise once again and they want to know how they can support those young girls in crisis pregnancy and how the church can curb the situation and help the girl child. I have had the privilege to present the topic on the work of Wakisa to the 60 participants in Gulu and 80 from the western part of Uganda in Mbarara so far.







#### **VOCATIONAL SKILLS**







#### Cookery

In our cookery class, the girls learned to make fish fingers, vegetable rice, simple doughnuts, chapatis and banana crisps which they can easily make and sell out in their home setting.

#### Gardening

This month, the girls were still tending to their vegetable and cassava garden by weeding and watering. They harvested and enjoyed some Sukuma wiki and cassava throughout the month.

#### Tailoring

It was a blessing to see skirts and bags made out of Kitenge bought by various teams of visitors New girls are mastering fabric measurement and cutting, while experienced ones are perfecting their dressmaking skills and branching into bag-making.

#### Art and craft

The girls are now learning the art of crafting paper bead necklaces as part of their arts and crafts activities.

#### **Computer class**

While the new girls delve into the introductory module of the computer curriculum, the focus for the others is on mastering their typing skills using Type Master software

#### Bible class.

The girls explored the concept of forgiveness, learning about the power of letting go of resentment and embracing healing through forgiveness.

There have been 14 girls who have accepted Christ as their Lord and Saviour during his month to the glory of God

#### **English class**

The girls were taught about English proverbs and what they mean.



### **FOLLOW UP**

21 girls were followed up 5 young mothers started small businesses and 16 young mothers are still at home nursing their babies.

## **INFANT CARE**

This month, the girls learned topics taught were; cord care, the beauty of attending Antenatal swaddling, true and false labour signs and Hygiene. Deliveries

| NAME       | AGE | SEX  | WEIGHT(KG) | MODE OF DELIVERY |
|------------|-----|------|------------|------------------|
| 1. SUSAN   | 16  | Girl | 3.0        | C/Section        |
| 2. GLORIA  | 16  | Воу  | 3.5        | Normal delivery  |
| 4. JUDITH  | 15  | Girl | 3.8        | C/Section.       |
| 5. ANNITAH | 15  | Воу  | 2.8        | Normal delivery. |

Young pregnant mothers were taken for an ultrasound scan. 1 had an abnormal presentation (oblique lie) at 38 weeks. Girls were taken for antenatal visits and 4 had urinary tract infections, 4 suffered morning sickness, 7 with heartburn and 3 had vaginal candidiasis.







# APRIL SPOT LIGHT STORY

#### JUDITH

Judith a 15-year-old girl from Kanungu district in the Western part of Uganda, came to Wakisa, carrying the weight of her pregnancy and the burdens of her troubled past. Her journey with us began in November 2023 when she arrived, 4 months pregnant and facing a multitude of challenges, with sickness and pain that often made it difficult for her to concentrate during vocational classes. Despite her struggles, our dedicated midwife provided unwavering support, ensuring Judith felt comforted and cared for every step of the way.

Judith has lived in different family homes as she was rejected since the death of her mum and dad. She led an independent life and did what she wanted when she wanted. After the caesarean section, she received heart-breaking news from the doctors her daughter had congenital abnormality. Judith had a C/Section a live baby girl with a congenital abnormality (multi-organ damage) died due to respiratory failure on day 2 of its outside uterine life. We reached out to Judith's family, who despite being unsupportive, welcomed her back home and laid her baby girl to rest.

As we reflect on Judith's journey, let us join together in prayer, offering comfort and strength to her during this difficult time. With your continued support, we can ensure that Judith and other young girls like her receive the care and assistance they need to overcome life's obstacles.





# **CONSTRUCTION OF THE HEALTH CENTER**

We are thrilled to see the progress of the construction, though the last phase has kind of slowed down due to power cuts and the method of construction by the engineer where you can't rush him!!

The furnishing phase will be another milestone but I am sure God will open a door.

We would like to have a medical camp once the construction is done.



# May God bless you for all your support. **In Christ** THANK YOU FOR ALL THE SUPPORT TOWARDS THE WORK OF WAKISA. Vivian Kityo Director May God truly bless you.





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