## NEWSLETTER

#214



August 2024



## Dear Friend and Partner in Ministry,

As we look at the lovely newborn babies cooing in their cots and young mums bonding with them, we see the mighty God in all this and appreciate your great support in the Ministry. Because of these two, that's the reason we are here!

The tale of two despondent girls from the same district makes our services worthwhile. Both 15 years old now, born with HIV, cannot read or write, having lost all hope, and, discontinued their antiviral therapy several years ago !!!. Wakisa Ministries have gently led them back to administering the therapy again and managing their vacillation of thought and behaviour!

This month, we invite you to journey with us through tales of courage, resilience, and the unyielding power of hope in the rest of the girls.

## **COUNSELLING AND ADMISSIONS**

Individual and group counselling sessions with girls concerning the death of 3 babies. Girls were concerned and naturally felt hurt for having lost these babies

One baby was intrauterine fetal death and the twins were premature despite being in the nursery for 2 days.

The girls were given life skills and 7 parents were counselled through Telle- counselling about accepting their daughters back home.

| Admissions | 6  |
|------------|----|
| Discharge  | 10 |



## **FOLLOW UP**

This month of August, 11 young mothers were followed up on,

- 4 mothers are staying with their parents and have not started doing any business,
- 1 girl started up her own small business of selling tomatoes, onions and greens
- 1 girl does stone quarrying in Mukono with her baby and the mother
- 3 girls went back to school
- 1 girl finished a tailoring course though she lacks a sewing machine.
- 1 young mother was visited at her business of frying pancakes of which she does it in the evening after school.



## **INFANT CARE**

Topics taught were; personal hygiene, oral care, toilet hygiene, and true signs of labor.

## DELIVERIES

These are not their real names.

- Some girls received treatment for UTI, syphilis, and candidiasis. A number had respiratory. We had to refer the girl with sickles because she was getting weaker by the day.
- The 15 years old with twins was HIV positive Babies were born at 28 weeks by C/Section and admitted in the neonatal intensive care unit. Unfortunately, they could not survive due to premature birth including respiratory
- 5 young mothers are HIV positive and they do receive their medication daily.

| NAME AGE | SEX OF THE B  | ABY   | ١   | NEIGHT(KG)  | MODE OF DELIVERY   |
|----------|---|---|---|---|--|
| Gorret   | 16  | Girl  |   | 3.4   | Normal delivery  |
| Mellon   | 16  | Воу   |   | 3.2   | Normal delivery  |
| Tendo    | 14  | girl  |   | 1.7   | Normal Delivery  |
| Shivat   | 16  | Воу   |   | 3.6   | C/Section  |
| Precious | 16  | Boy (c  | died)   | 2.0   | Normal delivery  |
| Florence | 16  | Воу   |   | 3.0   | C/Section  |
| Phiona   | 15  | Girl  | Girl ]twins(died  | ) 1.0 1.0   | C/Section  |
| Margret  | 15  | Воу   |   | 3.0   | C/Section  |
| Enid     | 15  | Воу   |   | 2.8   | C/Section  |
| Irene    | 16  | Воу   |   | 3.2   | Normal Delivery  |
| Princess | 16  | Воу   |   | 2.0   | Normal Delivery  |
|          | Mellon<br>Tendo<br>Shivat<br>Precious<br>Florence<br>Phiona<br>Margret<br>Enid<br>Irene | Mellon16Tendo14Shivat16Precious16Florence16Phiona15Margret15Enid15Irene16 | Mellon16BoyTendo14girlShivat16BoyPrecious16Boy (aFlorence16BoyPhiona15GirlMargret15BoyEnid15BoyIrene16Boy | Mellon16BoyTendo14girlShivat16BoyPrecious16Boy (died)Florence16BoyPhiona15GirlMargret15BoyEnid15BoyIrene16Boy | Mellon16Boy3.2Tendo14girl1.7Shivat16Boy3.6Precious16Boy (died)2.0Florence16Boy3.0Phiona15Girl Girl Jtwins(died)1.0 1.0Margret15Boy3.0Enid15Boy3.0Irene16Boy3.2 |



# Resilience

## CATHY

Cathy (not her real name) conceived at the age of 16 in an unhealthy relationship due to the lack of basic needs like food and school fees, she sought help from a man to support her through a difficult home situation. Her journey took a positive turn when a Good Samaritan, aware of our ministry, brought her to us.

Cathy quickly demonstrated good conduct and a strong desire to return to school. Recognizing her potential, she was added to our sponsorship program, starting from Senior 1. Now in Senior 4, she continues to overcome challenges both at home and in school. As part of a single-parent household led by her mother, basic needs remain scarce. Additionally, she faces criticism about her age and status as a mother. Despite these hurdles, Cathy has found solace and strength through prayer and reading the Bible, which provides her with peace and courage. Her friendly nature has also allowed her to secure casual work during holidays, supporting herself, her child, and her mother.

At school, Cathy excels in sports like netball and is an active participant in the Scout Club. Academically, she shines in biology and chemistry and has made significant progress in mathematics, moving from basic to moderate levels. Her dream is to become an architect, and she is on a promising path to achieve her aspirations.



## **VOCATIONAL SKILLS**

#### Cookery

In our cookery class, the girls learned to make fish fingers, chapati, vegetables, local dishes and yeast mandazi.

#### Gardening

This month, the girls We weeded casava, Prepared the land very well and later planted beans, planted spinach in tins and Harvested Sukuma which was consumed by the girls and staff.

#### Tailoring

This month, the girls focused on making maternity dresses.

#### Art and craft

The girls are learning to knit baby booties, baby hats and they are also making baby blankets.

#### **Computer class**

The new girls delve into the introductory module of the computer curriculum, the focus for the others is on mastering their typing skills using Type Master software

#### Bible class.

Girls were taught from the book of Psalms 1 and discussed sin and how to avoid sin.

#### **English class**

They learnt self-introduction, English tenses (present, past simple, past participle and future) and argumentative sentences. Most of them have basic education or none.





## **SCHOOLS AND INSTITUTIONS**

The 42 girls sponsored,

- 5 students at university
- 7 students in vocational skilling
- 6 students A 'level
- 18 students O'level
- 6 students in primary school.

The 6 young mothers that were training vocational skills completed their six months course under cookery and tailoring on the 8th August and they are awaiting their DIT examination results.

22nd and 23rd August the girls on sponsorship got their holidays.



## **STAFF MEMBERSHIP TRAINING**

The mentorship program, led by Dr. Florence Banoba and Mrs Ethel Kyobe(board members ) focused on the themes of creativity and teamwork. They emphasized the importance of trust, hard work, and shared goals in teamwork, drawing on biblical examples like Rahab and Ruth. They discussed creativity as the ability to generate useful ideas for problem-solving and communication, referencing scriptures such as Genesis 1:2, 31 and Acts 18:1-3





## **MATERNITY CENTER BUILDING**

As we pray wait upon the Lord for funding for furnishing the health center including beds and equipment, one of the rooms is now our doctor's examination room who comes on a weekly basis

Worth mentioning that, my Retirement plan is being handled by the Board.

#### Donate towards equiping the maternity centre

Account Name WAKISA MINISTRIES LTD Account Number 2291297406 Currency USD Branch BEN KIWANUKA Sort Code 253047 Swift Code KCBLUGKA

#### **CRATITUDE**

I am ever so thankful to you for the prayers and all support. Your generous contribution not only funds our efforts but cause remarkable spiritual, emotional, physical change in the lives of these young mums.

## In Christ

Vivian Kityo Director

#### May the good Lord bless you.





