

# Newsletter

January 2024

#206



Share a Gift This  
January

Account Name: WAKISA MINISTRIES LTD  
Account Number: 2291297406  
Currency: USD  
Branch: BEN KIWANUKA  
Sort Code: 253047  
Swift Code: KCBLUGKA

**Dear Friend and Partner in Ministry,**

**HAPPY NEW YEAR !!**

We give glory to our Lord God for bringing us thus far! Thank you for such great support and love for these young mums and their babies.

We can't fail to mention that the girls had a memorable Christmas day with gifts for each one and a special meal. It brought some to tears!!

In this January edition, we unveil captivating stories that echo our journey. As the new year unfolds, we embrace fresh beginnings in the rainy season. From monumental strides in our health centre construction to the jubilant arrivals of newborns, your partnership fuels our impactful endeavours. As we anticipate this new year, let's revel in these remarkable milestones and the profound transformations we nurture together. Here's to a new year brimming with promise and boundless possibilities!

## Counselling and Admissions

Today 30th Jan we have received a 15-year-old Jackline making the total number in January 29 girls. Jackline had run away from home with a 23-year-old man who left her after she conceived. He left her with another man who also abused her in every way until she sought shelter at the police station.

Girls have individual counselling sessions with the counsellor. Conducted two group counselling sessions on behaviour change, one with four girls and the other with two girls. This month the girls had 6 life skills classes. Lessons taught were:

- New years' resolution
- Skills for knowing and living with oneself.
- Self-awareness.
- Body language.
- Vision.
- Personal and Wakisa core values.

26 parents were counselled through tele-counselling about accepting their daughters back home.

### Infant care

This month, the girls were taught the importance of attending Antenatal care, the normal and danger signs in pregnancy.



## Deliveries

- 9 young pregnant mothers went to the hospital for an ultrasound scan.
- 8 pregnant girls went for antenatal this month.
- 10 young pregnant mothers had respiratory tract infections
- 15 had Urinary Tract Infections
- 8 had vaginal candidiasis
- 2 babies had a skin rash
- 1 girl is on treatment for malaria.
- 4 girls had their teeth extracted.



NO.	NAME	AGE	SEX OF BABY	WEIGHT(KG)	MODEOF DELIVERY
1	Harriet	16	boy	3.1	C/Section
2	Hellen	16	Girl	3.0	normal delivery
3	Martha	15	Boy	2.8	Normal Delivery
4	Sylvia	16	Boy	3.1	C/Section
5	Pamela	17	girl	3.3	Normal Delivery
6	Aziza	15	girl	2.2	Normal Delivery



## Vocational skills

---

### **Cookery**

Hellen 16 years old enjoys the cookery class. She said, "I have learnt how to prepare chapati, daddies and pilawo."

### **Gardening**

This month, the girls have prepared seed beds for various vegetables, including tomatoes, spinach, and Sukuma wiki.

### **Tailoring**

Fatima expresses her joy in the tailoring classes. From initially having no sewing knowledge, she has mastered operating the sewing machine and recently learned how to make a skirt.

### **Art and craft**

In the arts and crafts class, the girls are engaged in creating a variety of items, including baby blankets, doormats, thread earrings, and sponges. They are also diversifying their skills by crafting handbags, cross bags, pencil bags, and shopping bags.

### **Computer class**

"I am currently learning how to compose letters, create headings, modify font styles, adjust colours, and resize documents. These skills will greatly assist me in conducting research when I return to school." Said Cathy 17 years old.

### **Bible class**

The girls have delved into the captivating creation story, drawing insights from the Bible translated by a local author written in our native language. This engaging exploration has not only deepened their understanding of biblical narratives but has also sparked discussions about heritage and identity.

### **English class**

How to introduce themselves with confidence, dialogue and conversations, Verbs and Contractions.

## Sponsorship

We have 41 girls in the sponsorship program.

- 4 students at university.
- 7 students in vocational school.
- 5 students in A 'level.
- 14 students in O'level.
- 5 students in primary school.
- 6 girls are in vacation.

Six girls have completed their finals, eagerly awaiting their results as they transition to the next level of their academic journey. As the month ends, we are preparing the young mothers to go back to school by purchasing scholastic materials and paying the fees.

Wakisa organized a guardians/parents and students meeting on the 26th Jan. It was well attended and was graced by our Board member Ethel Kyobe (Mrs) who was our facilitator. Ethel ably handled the topic DISCIPLINE IS FREEDOM. She emphasized and urged them to have a teamwork spirit with Wakisa Staff.



## IMPACT STORIES

---

Christine is a 15-year-old teenage pregnant girl from Ibanda district in Western Uganda. Christine joined Wakisa in the month of July last year. She was 2 months pregnant. Christine was so reserved and a loner. She had low self-esteem issues and was very timid. A jacket never left her sight even when it shined throughout the day, she always had it on. Christine spoke more of her local dialect language and spoke a little English most times communication was a struggle, especially with the people who wanted to interact with her and therefore needed someone who understood her language to help with the interpretation.

Christine has so far outgrown all her fears and struggles. She is more confident, courageous, social, hardworking and very passionate about her vocational education. She has learnt how to speak up for herself that is, she's more assertive and able to stand before her

peers and share during devotions. She has learnt several vocational skills among them being, tailoring in which she can tailor skirts and dresses, and cookery class where she has learnt to make doughnuts, cookies, samosas, etc. In life skills class she's learnt that she has to abstain from sex until marriage, and learnt to have personal values, body language and respect. Art and Craft where she has excelled, she's made several items among them being; 3 handbags, 1 laptop bag, 1 shopping bag, a baby blanket, sponges, earrings, keyholders and a doormat.

After giving birth to her baby, and being reunited with her family, she's looking forward to implementing what she's learnt in the vocational skills so she can support her baby and fend for herself. Christine looks forward to going back to school after weaning her baby and her vision is to become a midwife.

### **JOAN is the best student in Tailoring**

She is tailoring class though deaf and dumb. She has proved a very good student in tailoring. The best teachable among the girls in this class. She has been able to make maternity dresses, full, round skirts and straight dresses. She is now 8 months pregnant. Once a shy person who walked with head down, now the most jovial with a smile and peace written all over her face!! Once she could not freely move with fellow girls now able to interact with them in her way, especially namesake. She will find it easy to write down on paper what she wants to say to communicate to fellow girls.

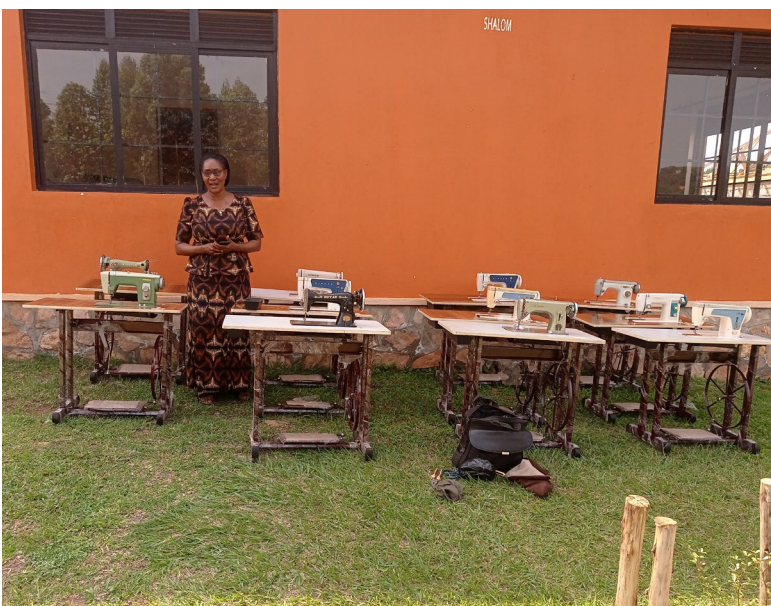


## Visiting Teams

We had a visiting team from the Government of the USA that spent quality time with the girls a few days before Christmas. They brought with them gifts, food and special life skills training. The team shared with the girls educative sessions and had a fun time and Jessica Healey and her team planted trees in the compound.

Early January a delightful team of seven ladies led by Lucy Hobbs from the United Kingdom

graced us with their presence, staying for two nights. During their visit, they led inspiring devotions, engaged in morning exercises with the girls, taught uplifting songs, provided valuable lessons on dental hygiene, and organized various activities including bracelet-making, calendar decoration, and games. They shared meals and held group sessions, culminating in the heartfelt presentation of gifts to the girls.





## Health Center Construction

The health centre construction is going on by the grace of God! The weather is now favourable because the rains have now stopped which makes it easy to build. Our Engineer has advised that the completion will be by the end of March and we look forward to having this facility completed to serve the girls and the community. We are eager to have a Medical Camp to create awareness and we will kindly ask you to support the furnishing and invite medical personnel to launch the medical camp.

*We are so grateful for your generous heart and for your love and prayers. May God bless you as we bless the young mums and their babies even in the days ahead.*

**In Christ**

**Vivian Kityo**  
Director