

# NEWSLETTER

October 2024

#216



## Dear Friend and Partner in Ministry,

As we approach the end of the year, we are reminded that each day at Wakisa Ministries is a fresh start for the young pregnant girls we serve. This October, we have been witness to remarkable growth, resilience, and the tangible results of your unwavering generosity.

We are furnishing the  
maternity center this season.

[Please Donate](#)

## COUNSELLING AND ADMISSIONS

This month, the counsellor conducted individual counselling sessions with 21 girls and two group counselling sessions with girls.

Life skills taught:

- Career Guidance
- Self-development.

2 follow-up phone calls were both received and made to alumni girls.

Admissions 9

Discharge 10



## FOLLOW UP

This month, Followed up on 07 young mothers,

- 5 mothers are staying with their parents
- 2 do small business for their survival Where by one sell charcoal and another one works in gold mining.

## DELIVERIES

These are not their real names.

NAME	AGE	SEX OF BABY	WEIGHT (KG)	MODE OF DELIVERY
1. Sharon	17	Boy	3.0	Normal Delivery
2. Faith	17	Girl	2.2	Normal delivery
3. Agatha	15	girl	3.2	C/Section
4. Tammy	15	Girl	3.2	Normal Delivery
5. Kelly	16	Girl	2.0	C/Section
6. Barbra	18	Girl	3.5	Normal Delivery
7. Christ	16	Girl	2.6	Normal delivery
8. Ray	18	Girl	3.6	Normal Delivery
9. Shonda	18	Boy	3.0	C/Section



## INFANT CARE

Topics taught were; personal hygiene, cord care, danger signs in pregnancy, toilet hygiene immunization, danger habits in pregnancy and breastfeeding.



# Journey

## AGNES

Agnes (not her real name) a 15-year-old young mother who came to Wakisa Ministries in August this year and was 8 months pregnant at the time. She's from a family of 7 children, 4 girls and 3 boys and she's the 2nd born of the same. She's from a dysfunctional family and has had no parental guidance as her mother has had all the 7 children in 4 different men. Angel's father passed away in 2017 while she was 7 years old and was sent to live with her cousin.

Her journey to motherhood started after her Primary Leaving Exams., she went to live with her mother and started working for a friend of hers in a taxi park. It was there that she met a taxi driver, a daily customer who took an interest in her. She said, quote "He showered me with attention and gifts, things I had never experienced before. The words he told me and the gifts he gave me made me feel special. No one had ever told me that or bought me gifts before." Coming from poverty, it was easy for her to fall into his trap.

Before long, she was in a sexual relationship with him and became pregnant. Agnes said, "I was terrified of telling my mother and kept quiet about everything,". Life was as usual until their neighbours noticed her behaviour and informed her mother and her mother sought Agnes' teachers for guidance. They

later referred her to Wakisa Ministries. At the time of her admission, she was admitted with her elder sister who's currently 6 months pregnant. Towards the end of her pregnancy, Agnes got high blood pressure and was rushed to hospital. Agnes gave birth to a handsome baby boy on the 12th of October.

It has been a difficult time for her mother as 2 of her daughters are expectant at the same time while she also has a baby (3 months) of her own who's still breastfeeding, 2 infants and 2 children she's caring for.

In the short time she's been at Wakisa, she has learnt a few skills including; within the Life-skills class, abstinence from sex, contentment and assertiveness as skills that will enable her to make informed decisions. She has also learnt hairdressing, cookery and a few other skills.

Although Agnes is willing to implement what she's learnt during the vocational skills, she hasn't given up on her dream of becoming a lawyer, she's looking forward to going back to school in order to accomplish her dream so she can become an empowered young woman able to support her family and contribute to her community and the nation.



## VOCATIONAL SKILLS

### Cookery

In our cookery class, the girls learned to half cakes, Daddies, matooke crisps, zucchini vegetables, English pancake, and Rice samosas

### Gardening

This month, the bean and cassava garden were weeded. Spinach garden was harvested and the girls enjoyed the greens for lunch.

### Tailoring

This month, most of the girls being new, they are learning the basics of tailoring like how to use a sewing machine draw patterns and use the measuring tape.

### Art and craft

The girls are learning to make bags, table mats and door mats.

### Computer class

This month, the girls were getting better acquainted with their keyboard through an exercise of typing work providing them with a challenge.

### Bible class.

This month, the girls were learning how to memorise verses of the bible and the importance of knowing the word by heart.

### English class

This month, the girls were able to learn as follows in the lessons.

- Germany language
- Practiced reading (using story books)
- Writing
- Spellings

## SPONSORSHIP

There are 42 girls sponsored,

- 5 students at university
- 7 students in vocational skilling
- 6 students A 'level
- 18 students O'level
- 6 students in primary school.

On the 6th visited 6 students at St. Michael high school and attended the senior four dedication service.

- On the 19th, visited 2 girls at Buloba Primary School.
- On the 28th, visited students at Buloba high School.
- Visited the 4 girls under vocational education.
- The 4 senior four candidates officially started UCE exams on the 14th October.

All the students were provided with basic requirements, soap, sanitary towels, toilet papers, milk, petroleum jelly, toothpaste and pocket money. The girls were happy and very much grateful.





## VISITORS

4/10/2024 Stanbic credit department visited and they donated 2 water tanks, a solar system, knitting threads, hooks, disposable diapers and a TV screen.





As we are eager to see the Maternity Center of Wakisa Ministries running and serving its purpose to the girls and women in the community we appeal for your support. The building remains a shell and can only start functioning when well-furnished.

**We are Furnishing the maternity center this season. Please donate**  
<https://www.every.org/wakisa-ministries-ug/f/support-young-mothers>

Donate towards equipping the  
maternity centre

Account Name WAKISA MINISTRIES LTD  
Account Number 2291297406  
Currency USD  
Branch BEN KIWANUKA  
Sort Code 253047  
Swift Code KCBLUGKA

*We are ever so thankful to your prayers and donation to the Ministry. We are praying that your support will continue to make the lives of these vulnerable girls and their babies worth living.*

**In Christ**

**Vivian Kityo**  
Director

*May the good Lord bless you.*